



# Tribute

to our children



INTERNATIONAL CHILDHOOD CANCER DAY

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## Animal Assisted Activity at CCF

An afternoon with seven furry buddies!

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## Shafikha's Legacy

16-year-old Shafikha is remembered through her song collaboration with The Sam Willows.

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## #myGOLDpledge

A spontaneous video production in support of International Childhood Cancer Day.

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# CCF conducts Animal-Assisted Activity

On 30 December 2018, CCF kick-started our very first Animal-Assisted Activity (AAA) at I.N.U Café in partnership with SOSD Singapore's Healing Paws. AAA serves to provide opportunities for motivation, education, or recreation to enhance the quality of life of our children through human-animal interactions.

The session was led by CCF's Principal Social Worker, Fion Yip, who is certified in Play therapy and Animal Assisted Therapy. She underwent professional training such as Certification in Animal-Assisted Therapy at the Animal Behaviour Institute in the United States of America and Certification in Therapy Dog Training in Melbourne.

The afternoon event was attended by 32 CCF beneficiaries and their families who sat through an educational sharing session conducted by Fion. The participants learnt about Animal-Assisted Therapy (AAT) and AAA which fall under the broad umbrella of Animal-Assisted Intervention (AAI) and the difference between AAT and AAA. The children could barely sit still as many of them were anticipating the arrival of their furry friends and could not wait to play with them!

We had the pleasure of having seven volunteer dog handlers and their pooches with us that day and there was an instantaneous mood lift when

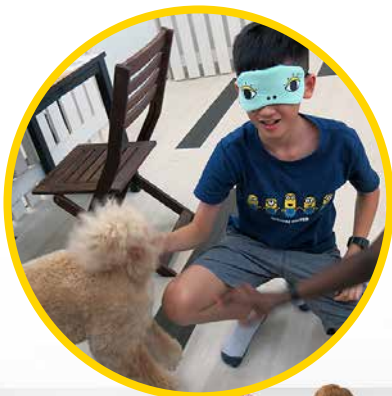


they made their entrance after the talk. The handlers took time to introduce themselves and their pets to the participants before taking their dogs to the various game stations to prepare for interaction with the children.

Besides petting and playing with the dogs, there were planned games such as "Blindfold Picasso" where the child had to feel a part of the dog while being blindfolded and draw what they felt. Other games included an "Obstacle Course" where the caregivers had to set up challenges using chairs, hula hoops and cones for their child to navigate the dogs through.

Needless to say, the children had so much fun and the room was bursting with laughter and happy squeals. The caregivers too had a great time learning more about the pooches and attending to their children's request to keep a pet at home. They also took lots of photos of their children enjoying themselves.

When it was time to say goodbye, the group gathered for a picture with all the volunteers and their dogs. The children were reluctant to head home but gave the pooches they fancied a hug or pat on the head, their way of saying 'see you again'.



## About Animal-Assisted Intervention

*Source: Animal Assisted Intervention International*

Animal-Assisted Intervention (AAI) is a goal-directed intervention designed to promote improvement in physical, social, emotional and/or cognitive functioning of the person(s) involved and in which a specially trained animal-handler team is an integral part. Animal-Assisted Therapy (AAT), Animal-Assisted Education (AAE) and Animal-Assisted Activity (AAA) fall under the big umbrella of AAI. AAI may be provided in a variety of settings, may be group or individual in nature and may be implemented for persons of any age.

AAT and AAE are directed and/or delivered by a formally trained professional with expertise within the scope of the professionals' practice. There are specific goals for each individual involved and the process is documented and evaluated.

AAA is an intervention that is less goal-directed, more casual and more spontaneous. This type of intervention is designed to promote a range of other therapeutic or educational benefits and to enhance the quality of life of the client.



# New Year Celebrations 2019

Dressed in their best heritage outfits, 120 CCF beneficiaries and their families attended CCF's New Year celebration party held at Geylang West Community Club on 5 January 2019. The event was graced by CCF Chairperson, Mr. Ho Cheng Huat, who was joined by CCF Vice-Chairperson Mr. Benedict Leh, and CCF Executive Director, Ms. Neo Lay Tin.

The 'Heritage' theme was chosen for the joyous occasion to reflect the rich and diverse multicultural heritage of Singapore, which is one of the defining traits of our nation and our identity as Singaporeans. It serves as a reminder that by embracing our common heritage, we bring about inclusiveness and strengthen our cohesion as a caring society.

Apart from activities like 'Guess the Song' and 'Heritage Trivia', there were also game stations featuring retro childhood games such as 'Snakes and Ladder' and 'Five Stones'. While the children had fun trying their hand at what their parents used to play when they were little, it was the mums and dads who were thrilled for the opportunity to re-live their childhood days. Lunch was a buffet spread and the children were entertained by the chef at the live station who flipped their 'prata' orders.

The event continued after lunch with another highlight – a series of heartwarming old time

favourite songs performed by CCF volunteer Hamim and his family band called '2nd A's', together with childhood cancer survivors, Stefanie and Nabillah. The performers sang to the familiar tunes of iconic folk song "Bunga Sayang" and Singapore's favourite National Day song "Home", just to name a few. The event culminated with a 'Heritage Fashion Parade' where the lovely children strutted their stuff to secure the loudest cheers and applause.

As the event came to a close, there was a prize presentation for the game winners and best dressed individuals. The beneficiaries and their families were also thrilled when it was time for the highly anticipated lucky draw! All the families went home with goodie bags comprising CCF merchandise, snacks and educational kits donated generously by sponsors.



## Thank you to the following sponsors for your generosity:

**Venue:** Geylang West CC Youth Executive Committee  
**PA System:** Hamim  
**Merlion Shopper Bag:** Mr Jason Wong  
**Disney Stationery and National Geographic STEM Science Kits:** Bank of America Merrill Lynch  
**Stationery Packs:** Pathlight School (Students from Primary Six)  
**Retro Snack Packs:** Avvy Tay and Raymous Chan

## Thank you to the following volunteers for your time and effort:

**Emcee:** Huimin and Zoe  
**Photographers:** Keith and Priscilla  
**Planning Committee:** Rachel, Yi Jun and Yik Dong  
**Performers:** Nabillah and Stefanie, Hamim and 2nd A's  
**Game Station Volunteers:** Geylang West CC Youth Executive Committee

# PALS Year End Party

'Camping' was the theme for the PALS Year End Party held on 14 December 2018. The teachers at PALS wanted the students to experience a slice of camping life and thus decided to bring it to them, right at the doorsteps of the CCF Community Office!

We kicked off with a tour of the 'campsite', and the young ones even had the chance to walk around a four-men tent filled with an overhanging lamp and sleeping bag thrown in for good measure. There were also other things to see around the campsite, such as a groundsheet, camping stove and mosquito repellent.

After lunch, the children were presented with graduation certificates for completing their year at PALS. There was also a magic show by our volunteer clowns and the children were thrilled to receive the balloon sculptures from Star Dazzle. Everyone at the party also watched a montage video which showcased the exciting activities at PALS for the year.

Special thanks to volunteers and staff from Deutsche Bank and Xylem Solutions, who helped run the gamut of activities, from facilitating the games, acting as hosts to emceeing. CCF would also like to thank Xylem Solutions for sponsoring goodie bags for the event.



# Connect at CCF!

## Join our KidsConnect Activities

Is your child a CCF beneficiary between the ages of three and 12 years? Do you hope to help him/her build social skills and make new friends through common experiences? Then joining our activities under CCF's KidsConnect is the answer!

Designed to provide a social platform for childhood cancer survivors, the children will get to connect, bond and harness friendships through a series of outdoor and indoor activities such as outings, workshops and sporting activities throughout the year. Look out for our quarterly event mailers for a summary of activities that your kids can sign up. We hope to see you at our next activity!

With love,  
KidsConnect Team

## We are Recruiting for YouthConnect

CCF's YouthConnect provides a platform of support for our youth survivors to connect with each other, forge new friendships and explore new opportunities to give back to the society. Join the club activities, organise an outing or volunteer your skills at CCF events to bring joy to other children. To sign up or find out more, connect with us at [communityconnect@ccf.org.sg](mailto:communityconnect@ccf.org.sg) today!

“

*Thanks CCF for allowing me to be a part of the first YouthConnect gathering and for the opportunity to help organise it. I really learn a lot and enjoyed myself during the session and definitely made a lot of friends.”*

– Ariffin, YouthConnect Member



“

*The value of teamwork has never been more apparent to me than during the planning of a YouthConnect gathering. I have witnessed what a good cause can do to unite willing souls, and know now how rewarding it is to be a part of something meaningful. I definitely look forward to contributing to the next YouthConnect event!”*

– Chee Ho, YouthConnect Member



# Survivors' Service Learning Project (SSLP)

On 30 November 2018, five youth survivors enthusiastically packed their bags and flew to Sarawak, Malaysia with one goal in mind – to bring joy to the beneficiaries of Sarawak Children's Cancer Society (SCCS) as part of CCF's Survivors Service Learning Project (SSLP). This project had been meticulously put together by the youths under the guidance of CCF staff over many months of preparation.

Upon their arrival, the youths were caught off-guard when they found out that there was an overwhelming turnout at the Sarawak General Hospital (SGH) where they would be visiting later that day. The youths decided to make a last-minute detour to the nearest shopping mall to purchase more materials so that none of the inpatients would be disappointed that they could not participate. The timeline was tight but with teamwork and division of duties, they managed to make good time.

Upon arrival at SGH, they met with the young inpatients and presented them with goodie bags. They also invited the children at the wards to join in the activities that they had planned such as blindfold art drawing, craft work and polaroid photo-taking for the families. Although the programme did not flow as planned, the youths were able to respond and work with spontaneity. The long day ended with a dinner spread of native Sarawak cuisine with compliments from SCCS and a good night rest.

With some time to spare, the youths took a tour of Sarawak on their second day. They visited the Sarawak Cultural Village, Fort Margherita, Brooke Gallery and enjoyed lots of local delicacies. Back at the apartment, the youths did a final rundown of the programme that they had planned for SCCS's Family Day which would be held the next day.

The youths woke up bright and early to set up their booths at SCCS's halfway home which caters to recovering cancer patients. There were two game stations – blindfold art drawing and a tossing game called 'Triceratoss'. The youths then paired with some of the local volunteers to execute the station games together. They had already anticipated the challenge of language barriers during their initial planning so the youths were prepared with charts filled with instructions of the games in the native language! They day ended with a self-prepared steamboat at the apartment and an appreciation night for the organising team. The youths retired early to prepare for the flight home the next morning.



*Through the hospital visit, I realised the power of being someone's light through our actions and how we had impacted the patients and family in our own unique ways.*

– Stefanie

*I feel that the team was continuously growing as we were forced to think ahead for any potential pitfalls or challenges that we may have had to face during the entirety of the service learning project.*

– Clement

# End of Treatment Party 2018



On 15 December 2018, nine CCF beneficiaries and their family members attended the End of Treatment Party at the CCF Community Office. The event aims to provide an opportunity for caregivers who walk alongside children and youths with cancer to celebrate the milestone and for the children to acknowledge the support given to them throughout their treatment journey.

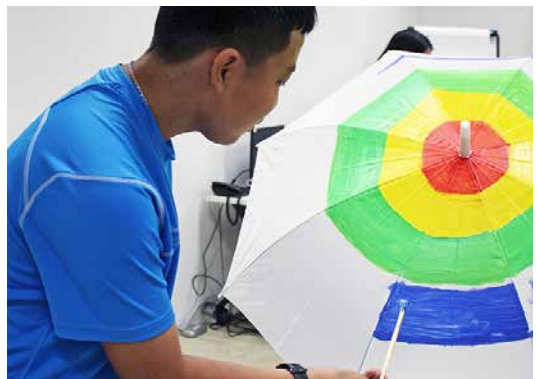
The theme for this year's party was 'Dancing in the Rain'. Two of our youth survivors, Zi Hao and Zoe, volunteered to be the emcees for the day. They greeted the families with great enthusiasm and warmth.

To kick-start the party, families were invited to participate in an icebreaker game called 'Bingo!'. The families got to mingle with one another and build new friendships. Thereafter, each family then gathered together for an 'Umbrella Painting' session. They had to incorporate

their strengths and qualities as a family in the design of their very own umbrella. The families then shared about their umbrella designs and how the qualities as a family have helped them overcome the challenges in their cancer journey.

The highlight of the day was the trophy presentation ceremony. Caregivers took turns to present a trophy to their child to celebrate their end of treatment milestone. It was a moving moment to hear caregivers encouraging and commending their child for their bravery and perseverance. The party ended with a buffet lunch for all beneficiaries and their families. Everyone left with goodie bags, smiles on their faces and their beautifully decorated umbrellas which embodied their family identities.

CCF would like to thank all the beneficiaries, caregivers and volunteers for making this End of Treatment Party a success!



# Legacy Building Project with The Sam Willows

CCF beneficiary, 16-year-old Nurul Shafikha Bte Kamsani, was diagnosed with High Grade Glioma (brain tumour) in 2017. Despite her medical condition, Shafikha remained cheerful and resilient in her battle against cancer. One of her biggest dreams was to be a singer and YouTuber so that she could create a song that would bring hope and happiness to people in a similar situation.

On 19 September 2018, through the CCF's Legacy Building Programme, Shafikha's dream was realised as she was given the opportunity to work with local band, The Sam Willows, on her very own song titled "Why Me?", which she wrote and recorded with the band at their studio.

The music video, which featured the recording session and the responses of her family members after hearing the song, has become a gift of love that Shafika left behind for her family.

On behalf of Shafikha and her family, CCF would like to thank The Sam Willows and Zendyll Productions for making this possible.

## About CCF Legacy Building Programme

CCF Legacy Building Programme provides Palliative and Bereavement support for children with poor prognosis and their families in their coping with medical, emotional, social and financial challenges.

CCF's Legacy Building programme seeks:

- To provide a positive and creative way for the beneficiaries and their families to make meaning of their cancer journey and facilitate resilience in adversity.
- To promote family bonding and communications.
- To reduce caregivers' distress and bring solace to bereaved families through fond memories and remembrance of their loved ones.



## Chinese Painting

All the primary and secondary school students got a chance to play artist on 21 November 2018 when volunteer, Jojo, visited PALS to teach Chinese painting. Jojo, who conducts classes at her own studio, started with the proper way to hold a calligraphy brush. She also brought along her own collection of painting and wowed the students with what a simple brush and some colours could do.

The task for the day was to paint two goldfish, which the PALS students were only too eager to start. Jojo guided the students patiently, demonstrating how to mix colours and apply each brushstroke. Gradually, the fish were brought to life, stroke by stroke, as the children completed their very first Chinese painting.



## Fun with Robotics!

Volunteers from Tribalstudioz dedicated three Wednesdays on 28 November, 5 December and 12 December 2018 to give PALS students an experience of creating their own robots.

They divided the students into primary and secondary groups, with the latter learning more in-depth about the science and mechanics behind the robot sensors. All the students either got to programme their own robots individually or worked in pairs.

They experimented with different ways to make the robots move. Some robots worked and others did not, but the process provided good learning experiences for these young scientists. In the final round, their robots were put to a test and had to execute manoeuvres such as completing a circuit or 'wrestling' with other robots to see who could stay in the ring longest.



## Restart a Heart

PALS students had a breath of fresh air from their academic lessons on 23 January 2019 when the Singapore Heart Foundation came to conduct a Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillators (AED) module.

The students were all pumped up for some heart-stopping action. They were taught what to do when they see a heart attack patient lying unconscious on the floor. With some guidance, the students were able to direct 'bystanders' to bring the AED kit and call for the ambulance while they administered resuscitation. The talking AED machine did surprise them slightly for a while, but they laughed and managed to use it with relative ease soon after.

It was heartening to see them having fun while learning this important skill.



## NAFA Total Defence Day

PALS commemorated Total Defence Day as part of its art curriculum on 13 February 2019.

With the help of two volunteers from Nanyang Academy of Fine Arts (NAFA), the session kick-started with a presentation on the pillars of total defence and how each one played a part in keeping Singapore safe from threats. The students then shared their takeaways and were presented with blank canvases and acrylic paint to draw their impression of what total defence should be. They got creative with their pieces, using different colours and strokes to express their thoughts.

It was also heartwarming to see that many of them chose to pay tribute to our Singaporean soldiers and firefighters who put their lives on the line to protect civilians.



## HOSPITAL EVENTS

### Strawbees LIGHT-UP!

Activities involving 'Strawbees', a type of construction kit using straws, has been increasingly popular among the children at CCF@NUH. As such, we decided to organise another 'Strawbees' workshop on 17 January 2019 for our kids.

This time, the programme was made more interesting as the children had to create lights structure with straws. The children got to choose between making a 'crown' or 'star' and they followed the instructions intently, choosing the right connectors to build the different shapes. To make the structures light up, they put in battery-operated lights, and immediately the room was filled with blinking crowns and stars. It was a truly enchanting sight!



### Jolly Jolly Christmas at CCF@KKH

As Christmas drew close, CCF@KKH ushered in the festivities with a week-long celebration filled with craft activities for both the children and their families. They got creative and made Christmas wreaths and angels using paper, and Christmas tree using pipe cleaners. They also had the opportunity to personalise their boot, star or round-shaped Christmas baubles with glittery decorations and styrofoam beads that looked like snow. The children got to bring their ornaments home after the sessions to deck their homes and rooms.

### Magic Show at CCF@KKH

The children were treated to a magic show on 17 January 2019. Dr. Syros kept the children and their caregivers on the edge of their seats as he introduced his world of tricks and illusion! In the "Power of Dream" performance, stars were transformed miraculously into stickers that Dr. Syros distributed to the children as gifts. Seeing their puzzled faces, Dr. Syros recruited some of the children to be his little apprentices and revealed the secrets to one of his magic trick so that they could practise at home. After the show, the children left with a sense of wonder, possibly wishing that Dr. Syros could reveal all of his secrets to them.

## Clay Plates Fun!

To kick-start the year, CCF@NUH organised an enrichment workshop on 7 January 2019 for the children to make their own leaf shaped plates using clay.

While exercising their motor skills through rolling and moulding the clay, the children were also taught about the life cycle of a butterfly. They were so excited to share what they had already knew about life cycles and some even took inspiration from the discussion to add more details to their craft work.

Everyone went home with beautiful creations rather than the simple plates which they had initially intended!



## Nestum Cookies Baking Fun at CCF@KKH

On 22 January 2019, the Family Resource Centre at CCF@KKH was transformed into a bakery. Both caregivers and children donned aprons to make Nestum cereal cookies. Children who had to be in the ward and bed were not forgotten as the ingredients were brought to their bedside.

Expert bakers were on hand to guide the participants in their quest to bake the perfect round cookie but the children and caregivers could not contain their excitement and experimented with different shapes as well! Eagerly, the children gathered near the oven to watch the baking process and soon, the aroma of their cookies filled the room and the ward. The activity not only provided a respite for the caregivers but watching their children having a good time also brought smiles to their faces.

## Christmas Celebration at CCF@NUH

The Christmas celebration at CCF@NUH held on 18 December 2018 was a blast! We invited a special visitor to the ward and playroom – guess who? It was Santa Claus! The surprise visit was well-received and the kids queued for their gifts which Santa had prepared for them. There was also Christmas carolling and the children got to participate in a “Build a Snowman” activity.

We would like to extend our appreciation to the Tim’s Treats family for preparing bags of treats and spreading joy to our children for the fourth consecutive year. Tim’s Treats is an initiative in memory of a free-spirited and gentle boy named Timothy Rajeev Thambiah (1996-2010) who loved people and was ever ready to extend small spontaneous gestures of kindness. In the Christmas spirit of giving, the treats bags were distributed to remember his heart of compassion for children undergoing treatment.



## COMMUNITY PARTNERSHIPS

### M1 SunCare Club's Snowy Christmas!

On 15 December 2018, the M1 SunCare Club staff volunteers brought more than 120 children from various adopted charities, including 29 CCF beneficiaries and their families, to Snow City for a day of wintery fun!

The younger children experienced make-believe snow blizzards and built snow sculptures. They also attended an ice-cream making workshop, where they made tasty nitrogen-churned desserts! The older children had a great time too as they tackled physical and mental challenges when climbing the vertigo-inducing wall. In spreading the festive cheer, the volunteers also presented each beneficiary with an M1 Christmas goodie bag to bring home!

*Contributor: M1 Limited*



### Financial Literacy Workshop

Old Mutual International Singapore recently organised a money box painting cum financial literacy workshop for 43 CCF beneficiaries and their families. The workshop started with some interactive games that taught the children the concept of budgeting and saving. The children learnt how to differentiate between their needs and wants, and also how to prioritise and save money for a goal. It all turned into a beautiful mess when the children started to paint their money box. All in all, it was a morning filled with fun and laughter.

This is the second time that the Singapore branch has worked with CCF and we look forward to continue working with CCF in the near future.

*Contributor: Edward Tang, Marketing Manager*



### Marina Mandarin Singapore Festive Luncheon

To celebrate the school holidays and the start of the year-end festive season, Marina Mandarin Singapore and some staff volunteers hosted 33 CCF beneficiaries and their caregivers to a sumptuous buffet lunch on 26 November 2018.

Held at the Pool Garden Pavilion, the gorgeous panorama of the city skyline formed the perfect backdrop for an afternoon of indulgent feasting and fun activities.

A roving magician fascinated the young ones with his tricks and the children also had a ball of time decorating gingerbread figures. A 'Best Dressed Competition' saw six guests strut their stuff on stage to popular tunes and hearty applause from the audience.

The afternoon culminated with an exciting piñata hitting session, much to the children's delight. The children also went home happy with a goodie bag each, comprising gifts like stationery sets, titbits and Santa hats to get ready for the upcoming Christmas festivities.

*Contributor: Marina Mandarin Singapore*



## MSF Festive Year-End Party

“Will we be having another party next year?” a boy asked us shyly as he was about to leave. On 28 December 2018, 56 CCF beneficiaries and their families gathered for a Year-End Party with staff of MSF who hoped to bring smiles to the CCF beneficiaries and their families.

Through a series of icebreakers involving ‘snowball’ fights, Ping-Pong ball passing and paper cup stacking, the children and volunteers quickly warmed up to one another and learnt each other’s names. The games were followed by craft sessions where the children displayed their creativity in making unique Christmas trees from paper plates, and in decorating their very own tote bags. A photo booth and balloon sculpting station provided additional excitement for all.

Apart from the balloon swords, dogs and flowers, Polaroid pictures and crafts, the children, family members and volunteers all took away beautiful memories of an afternoon spent celebrating the year’s achievements and the start of a promising new one. MSF hopes that we will indeed have another party, and that this is the start of a fruitful partnership between both organisations.

*Contributor: Keung Xi Zhen/Heidi Tan, Planning Division, MSF*



## A Jolly Cheery Christmas

On 18 December 2018, the Department of Physiology in NUS Yong Loo Lin School of Medicine organised a Christmas carnival themed “A Jolly Cheery Christmas!” for 20 CCF beneficiaries and their families. The objective of this carnival was to give back to the community as part of the Department’s Annual Physiology Day 2018, promote family bonding and for researchers under the cancer programme to interact with CCF beneficiaries to reinforce the purpose of their research.

The organising team engaged the services of an events company who provided the food and game booths. Other fun elements included a photo booth, magic show and balloon sculpting. Volunteers from NUS assisted in various support duties and some also set up their own booths to spread the festive joy.

As a whole, both the participants and volunteers had a good time interacting and participating in the Christmas carnival.

*Contributor: Vaisnavi Chandrasekaran, Laboratory Technologist, Yong Loo Lin School of Medicine, NUS*



## COMMUNITY PARTNERSHIPS

### One Farrer Hotel Christmas Party 2018

At One Farrer Hotel, it is our Christmas tradition to organise an annual Christmas party to give back to the community while allowing staff to spend a meaningful Christmas.

Spearheaded and organised by the Human Resource Department, the event was held on 20 December 2018. Many colleagues and staff prepared and contributed to the event in many ways, from the gingerbread man prepared by the Pastry Kitchen, goodie bags sponsored by the Human Resource and Sales and Marketing teams to the intriguing performances by our Management team and performers. It was heartwarming to see the 47 CCF beneficiaries and their families participating in the games and enjoying the sumptuous festive dinner.

One Farrer Hotel has been supportive of initiatives and events since its opening as Mr. Gilbert Madhavan, the General Manager of One Farrer Hotel, is a strong advocate of giving back to the society. Aligned with CCF's mission in improving the quality of life of children and families affected by cancer, One Farrer Hotel was glad to be able to play a part in sharing the spirit of giving and spreading joy during the festive season.

*Contributor: Daphne Wong, Senior Executive, Human Resource, One Farrer Hotel*



### Christmas Hexen House Building and Decorating Activity for Open MUJI Display

On 3 November 2018, we were delighted to have 41 CCF beneficiaries and their families over at our MUJI Plaza Singapura store for a merry get-together. Guided by the chefs of Café&Meal MUJI, the children and their parents got hands-on building and decorating their own unique Hexen Houses. We were very much impressed by the children's creativity and was thrilled to have fostered family interactions and a continued friendship from the previous year's Christmas event.

Through the activity, five Hexen Houses were created with a childlike sense of wonder and named after these young creators. The creations became an essential part of our large Santa Claus Village display (which was inspired by a Nordic winter amusement park in Finland), at the heart of MUJI flagship store's exhibition space – Open MUJI, Plaza Singapura, from 15 November to 26 December 2018.

As part of the initiative, CCF donation boxes were also placed at all MUJI Singapore outlets. Customers who made a donation received limited edition MUJI Christmas decorative stickers to personalise their gift packages and a total of \$6,963.85 was raised through this event.

We are thankful for the opportunity to create joyful moments and to everyone who had contributed to this meaningful cause.

*Contributor: MUJI (Singapore) Pte Ltd*



## Pepperl+Fuchs Asia Baking with Kids

Volunteers from Pepperl+Fuchs Asia spent an enjoyable day on 10 November 2018 with 25 CCF beneficiaries and families. The event, themed “Baking with Kids”, involved a holistic programme that taught the children the concept of resilience and creativity through a fun and enriching baking session. It provided the children a platform to express their curiosity with different senses of tastes and smell and generate new ideas in creating custom-made cookies using different ingredients.

During the event, each child was accompanied by a volunteer from Pepperl+Fuchs. As a team, they participated in learning about kitchen safety, baking basics and culinary creativity. Once the necessary basics were conveyed, the children began pre-mixing their butter cookies dough for shaping and moulding before putting them into the oven for baking. Everyone then had to top their freshly baked cookies with chocolate chips and rice crisps. The children were all so excited to decorate their cookies and by the end of the session, there were crabs, towers, princess and even bowling set all made of rice crisps!

In all, each child was exceptionally proud of their creations and the same could be said of the volunteers who partnered with them. The children left the event with pleasant memories, newly forged friendships and goodie bags prepared with love by the volunteers. The volunteers were also happy to be able to contribute their part to CCF and as the organiser, Pepperl+Fuchs was happy for the opportunity to work with CCF to organise such an experiential event.

Special thanks to SSA Culinary who had contributed to the event by sponsoring for the volunteers’ baking costs and adding fun and smiles to the baking session.

*Contributors: Mon Ma Aye Thiri, Project Engineer, LCIA (Low Cost Intelligent Automation) and Anna Lee, Human Resources*



## YEG Movie Screening & Luncheon

The Young Executives Group (YEG) Community sub group from Singapore Shipping Association (SSA) hosted a movie screening of “Ralph Breaks the Internet: Wreck-It-Ralph-2” and a luncheon for 82 CCF beneficiaries and their families at Golden Village @ VivoCity on 11 December 2018.

The children were thrilled to watch the 3D computer-animated movie and experienced the online gaming world and colourful universe along with the characters in the film. Volunteers from the YEG and SSA’s Corporate Communications team wrapped up the day’s outing with a delightful treat for the children at The Queen & Mangosteens.

SSA and the YEG Committee would like to thank Ms Celeste, Mr Desmond Chong, Ms Gabriela Oxby, Ms Gan Sue Ann, Ms Jae Leow, and Assuranceforeningen Skuld (Gjensidig) Singapore Branch for their generous contributions toward this meaningful event.

*Contributor: Singapore Shipping Association*



## COMMUNITY PARTNERSHIPS

### All for Love 2018

Supreme Cars Pte Ltd believes that giving is an attitude and our mission is to give our best service to humanity and to have the interest of the people at heart. As such, we give back to the society in any way possible.

From 1 November to 31 December 2018, we held a charity campaign to raise funds and selected CCF as the beneficiary. CCF was chosen after a series of consideration as we share the same vision in improving the quality of life of children and families affected by cancer.

As part of the fundraising campaign, Supreme Cars Pte Ltd committed to donate \$300 to CCF for every vehicle sold. The fundraising campaign was a success as we were able to raise a total sum of \$15,801.50 during the campaign period through the sales of vehicles and outright donations from our customers. These funds collected were donated to CCF to further enhance their good work in the society.

*Contributor: Supreme Cars Pte Ltd*



### Chaolan Arts Centre 1st Charity Art Exhibition



Established in 2015, Chaolan Arts Centre specialises in teaching the arts to children and adults. The centre's philosophy is to promote and cultivate appreciation of traditional Chinese culture and the love for art through classic Chinese painting and calligraphy.

On 1 January 2019, Chaolan Arts Centre organised an inaugural art exhibition featuring some of our students' artworks in hopes that this would improve our little artists' self-confidence in their works and their love for painting and the arts. To make the event more meaningful, we invited the children's families and friends to purchase artworks which they fancied and the proceeds were donated to CCF. A total of \$1,000 was raised and we were so proud of all our young budding artists!

*Contributor: Jojo He, Director, Chaolan Arts Centre*

## Dancepointe Academy Charity Dance

Music and dance have been known to sooth the soul and bring happiness to many people. From 25 November to 9 December 2018, Dancepointe Academy (DPA) held their bi-annual concert in support of CCF to help raise awareness and funds for children and families affected by cancer. We managed to raise a total of \$18,203.20 where \$2 from every ticket sold was donated to fund the free programmes and services at CCF.

Other than preparing for the concert, DPA also held a mini dance workshop for CCF survivors. It was motivating to see so many childhood cancer survivors pursuing their dreams. All of us at DPA also felt encouraged and privileged to be able to share this experience with the survivors.



*Contributor: Lance Tang, Director, Dancepointe Academy*

## Choice To Run 2018



Choice To Run has become an annual charity event organised by the Ambassadors of Anglo-Chinese School (International). This year, we were joined by Holland Village Methodist Church and Parent School Partners to create a bigger impact.



Everyone ran as hard as they could despite the sweltering heat, knowing very well that each step they took would add up to the donations for CCF. Besides the run, there were also combat-style laser tag games, a dunking booth and live performances which added on to create a carnival-like feel at the event. True to the theme for the year's run – 'Colours of Life', the highly anticipated 'Colour Fiesta' finale got everyone into an exhilarating frenzy as participants started throwing coloured powder at anybody they knew! There was so much laughter as everyone had a wonderful time and left with coloured clothing.



In conclusion, the event was exhilarating and a joyous occasion. We are thankful that people from all walks of life took time out of their busy schedules to find a moment to run for a good cause while having fun. Most importantly, we managed to raise a total of \$19,815 from the run!

Deserving special mention are Mr Francis Bell who won the Fastest Runner Award, and Michael Buchanan and Thanakhom Hoontrakul who both won the Top Fundraiser Award, each raising \$3,000 and \$3,500 respectively. Till we run again!

*Contributor: Koh Leng Leng, Teacher-in-charge of Ambassadors, ACS International*

## COMMUNITY PARTNERSHIPS

### Team SCC U17 Shaves For Cancer

I am a student at the Canadian International School (CIS) where generosity and respect are core values. I was inspired by the students from my school who had previously held a fundraising event to shave their heads to help others and decided to organise a similar initiative with my rugby teammates at Singapore Cricket Club Rugby Academy (SCC). When I proposed to my team mates that we could shave our heads ahead of the Dubai College Rugby Sevens Tournament in November 2018 to support CCF and to bond as a team, they all agreed to participate without hesitation!

On 17 November 2018 after rugby practice, the team gathered together for our coaches to shave our heads. What we did not expect was that our coaches decided to join in and shaved their heads too! The experience was fantastic, especially seeing my coaches and team mates looking so different but we also felt very proud to be a team with a purpose and intent.

The event delivered beyond our wildest dreams! Not only did we manage to raise \$2,343 for children and families affected by cancer, we went on to win the Dubai College Rugby Sevens Tournament and brought home the cup!

*Contributor: Lucas Marolf, 11th Grade Student Canadian International School, Team Member SCC Rugby Academy U17*



### Spa with Love



At The Ultimate Group of Companies, we are passionate about what we do and our CEO, Ms. Pushpa Tulsidas, believes that every individual has a role to play in improving the society that we live in. In 2018, Adeva Spa was honoured to have the opportunity to help improve the quality of life of children and families affected by cancer. A spa party held on 5 October 2018 in exclusive partnership with American Express raised net

proceeds of \$10,760.59 from event registration. The amount was donated to CCF.

Invited guests were immersed in a multi-sensory experience, indulging all five senses in their preferred spa treatment. They were given a generous 'Thank You' gift bag which included skincare products, fragrances, shopping and dining vouchers, just to name a few. Guests were also treated to a delectable spread of canapes from Lawry's The Prime Rib.

Thanks to our kind sponsors, some of the American Express cardholders were also treated to complementary beauty treats such as brow makeover, foot spa and hand paraffin therapy. This event has made it possible for us to connect with people in the most rewarding way.

*Contributor: Adeva Spa*

## Start Small, Dream Big President's Challenge 2018 organised by Little Petals Preschool Pte Ltd

Little Petals Preschool organised a charity fundraising event in support of CCF on 23 June 2018 as part of our efforts to encourage our children to embrace good values. We broached the idea as we felt that our children and their parents might not know how to go about getting involved in community work and organising a fundraiser was thus a way of empowering them to play a meaningful role in in our community.

Our parents welcomed the idea with open arms and many volunteered to bake cookies, contribute items for sale, as well as set up game booths and food stalls! In the months leading up to the event, CCF was invited to conduct a talk for our children to help them have a better understanding of childhood cancer and who they were fundraising for. Through the talk, the children learnt important values such as empathy, respect, compassion and inclusion. The event raised \$13,145.30 for CCF.

We hope that as you read this, you can also start thinking about how you can play a part in making our world a better place!

*Contributor: John Yap, Director, Little Petals Preschool 小小花瓣*



## Charity Solo Exhibition: Future Memories II – Chasing Dreams



10-year-old Johnny Zhao Jiaxin held a solo exhibition on 10 October 2018 at the ION Art Gallery, ION Orchard. Jointly presented by Ding Yi Xuan Art Centre and Tide Impressions Gallery, the charity exhibition featured ink and acrylic artworks by Johnny. This was the second fundraising exhibition held in support of CCF by the self-taught artist (the first was in 2015).

This year, through the sales of his art pieces, a total of \$5,500 was raised to improve the quality of life of children and families affected by cancer.

“This exhibition was organised to encourage our child to give back to the society. Johnny was initially apprehensive about selling his art pieces but he changed his mind when he knew that it was going to be for a good cause,” said Johnny’s father

*Contributor: Shuran, Gallery Manager, Ding Yi Xuan Art Centre*



# HAIR FOR HOPE 2019

MAKE A BALD STATEMENT



## Hair for Hope is back!

In its 17th year running, Hair for Hope is Children's Cancer Foundation's signature outreach event – the only head-shaving event in Singapore that serves to raise funds and awareness of childhood cancer.

Through the symbolic gesture of shaving bald, we aim to:

- Create awareness of childhood cancer in Singapore
- Show children with cancer and their families that they are not alone in their fight against cancer
- Tell children with cancer that it is OK to be bald
- Raise funds and help children with cancer and their families
- Build a community of support for children with cancer and their families

Every shaven head at Hair for Hope represents the understanding by an individual of the ordeals that a child with cancer is subjected to. By volunteering to shave, shavees become CCF ambassadors in helping to raise awareness of childhood cancer among their family and friends. It also provides an opportunity to garner support from the public in the form of donations.

This year, we hope to encourage at least 6,000 participants to make a bald statement and raise \$3.6 million to aid children and families impacted by cancer. All donations raised will help to fund the free critical programmes and services for CCF's beneficiaries.

*For individual or group (minimum of five participants) registration, stay tuned to our website launch at [www.hairforhope.org.sg](http://www.hairforhope.org.sg) in early April! Shavees must be at least 7 years old and students are encouraged to obtain prior written permission from their schools.*

*We also welcome you to organise your own Hair for Hope satellite event at your organisation (minimum 20 shavees and a target donation of \$5,000) between 2 May and 4 July 2019.*

*Drop us a note at [info@hairforhope.org.sg](mailto:info@hairforhope.org.sg) to find out more!*

## We want you to join us!

<b>Date</b>	Saturday, 27 July 2019, 11am - 7pm Sunday, 28 July 2019, 11am - 6pm
<b>Registration Venue</b>	VivoCity, Amphitheatre, Level 3
<b>Event Venue / Public Education Exhibition Venue</b>	VivoCity, Central Court 1 & 2, Level 1

# International Childhood Cancer Day

To commemorate International Childhood Cancer Day (ICCD) which falls on 15 February, CCF launched the second edition of #myGOLDpledge campaign, a public education initiative aimed at encouraging individuals to take action in making childhood cancer a global health priority and to raise awareness for the cause.

This year, we invited members of the public to join us at The Red Box on 27 January 2019 to participate in a spontaneous video production prior to ICCD. We were joined by 25 volunteers from all walks of life who wanted to find out more about the work of CCF and understand how they could help in their own capacity. The event commenced with a public education talk by CCF on the prevalence of childhood cancer in Singapore and the free programmes and services offered by CCF. Participants also got to hear from CCF beneficiary and childhood cancer survivor, Clement, about his cancer journey, takeaways from his ordeals and how CCF has helped him and his family.

Feeling empowered with their newfound knowledge, the volunteers were now ready to advocate for the cause. Many of them were

camera shy as it was their first time being filmed in a video. However, everyone did their best to remember the lines so that they could share what they had learnt about childhood cancer with the online community.

On 15 February 2019, CCF premiered the video which featured CCF supporters making a statement, "Let's talk about childhood cancer". CCF hopes to start conversations to get more people interested in raising childhood cancer awareness. In addition, CCF hopes to inspire more individuals to step forward to strengthen the community of support for children with cancer and their families through various means – by volunteering, being a donor or simply sharing more about childhood cancer and the work of CCF to others. The video has since garnered more than 1,900 views and shared more than 50 times.

The work of CCF is only possible with the support of the community and CCF would like to thank our beneficiaries and supporters for being part of our #myGOLDpledge campaign this year. CCF would also like to take this opportunity to thank our venue partner, Youth Corps Singapore, for the use of The Red Box for our event.



**The largest age  
group of children  
diagnosed with  
cancer is between  
0-4 years old.**

Your monthly donation will help us support the free programmes and services for our beneficiaries.

**WILL &**  
**HOPE**  
GIVING PROGRAMME

**HOPE OF LIFE, WILL TO THRIVE**