

Children's Day Camp 2021: I am Capable!

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YouthConnect Feature: Living the Dream with Ryan

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Thank you #VolunteersofCCF!

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September is Childhood Cancer Awareness Month: Children's Cancer Foundation Leads Singapore in Global Movement to Raise Childhood Cancer Awareness

As the leading provider of resources and psychosocial services to children and families affected by cancer in Singapore, CCF led our little red dot in the global mission to advocate for the childhood cancer community in September during Childhood Cancer Awareness Month (CCAM).

Light Up Hope, Light up Gold

CCF is Singapore's representative at Childhood Cancer International (CCI) which is the largest patient support organisation for childhood cancer globally. As part of CCI's annual "Light Up Hope, Light Up Gold" global movement, CCF joined our counterparts in other member countries such as Australia, India, Japan, Spain and Portugal to light up national monuments and commemorate CCAM. This year, we partnered the National Gallery of Singapore (NGS) and KK Women's and Children's Hospital (KKH) for their building exteriors to be lit in gold.





"It is the first time that CCF is commemorating CCAM on a national scale and in collaboration with partners like the National Gallery of Singapore and KKH. We are so grateful and humbled by their enthusiasm to help us pilot this initiative and show solidarity for the childhood cancer community in Singapore," says Ms Peng Hai Ying, CCF Chief Executive Officer.

The Hope Train



The CCAM light-ups ran parallel to CCF's The Hope Train campaign which was held for the second consecutive year. The campaign comprised of two key activities – an arts-themed childhood cancer exhibition at VivoCity ("Artville") from 6 to 19 September and an interactive virtual art canvas ("Sketchville") from 13 to 30 September.







Highlights of Artville included a 12-piece creative showcase of CCF calico whale dolls designed by CCF beneficiaries between ages three and 18 years old. The calico whales were put up for adoption and raised more than \$170,000 for CCF. Sketchville saw the Singaporean community doodle and leave words of encouragement for children who are still battling the life-threatening illness.

This year, The Hope Train campaign also had the support of MediaCorp artiste, He Ying Ying, who volunteered her time and artistic skills as celebrity ambassador. She designed a calico whale of her own to raise funds for CCF as well.

We would like to express our deepest appreciation to our generous sponsors and partners for making The Hope Train 2021 a successful run. Special appreciation also goes to Singaporean designer and original creator of the whale dolls, Paul Leslie Lu, for collaborating with us on this meaningful initiative.

Here are some of our little artists with their masterpieces!



Aleesa the Pop-It! Artist Alveena Safiyya Binti Haddy Shuhry, 7

Hayden's Legacy Hendry Ng, Herman Ng and Mummy Joanne

Legend

Muhammad Syazwan Bin

Muhammad Zulkifli, 12



Policewhale Nigel Hong Jun Rui, 3

Arppy Whale



Magical the Wish - Granting Whale Myat Noe Khin, 11



Ah Pong Livia Tan Shao Han, 13

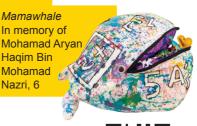




Lolly the Happy Whale Aiden J De Silva, 7

Mamawhale In memory of

Hagim Bin Mohamad Nazri, 6





Scan the QR code to read each calico whale's story!

CASH SPONSORS



Now these three remain: faith, hope, and love but the greatest of these is love. 1 Corinthians 13:13

We wish to give love to the children, and to give them strength to live life courageously.

- Joel Kiang, Director, Arc Energy Trading Pte Ltd



JABIL

At Jabil, we inspire our people to make a direct impact to the community. We witnessed greater participation in CCF's activities during the COVID-19 pandemic, proving that the spirit to serve will continue to be a foundational pillar of Jabil Singapore's values.

- Jabil Singapore

I supported this initiative because of good people like you that made it happen. Thank you CCF for doing what you do.

- Chua Ting, Individual cash sponsor



The Hope Train provided a platform for us to help children with cancer and help realise a dream of "Children Without Tears".

- Loi Pok Yen, Group CEO, CWT Pte. Limited



The Hope Train is a great opportunity for GlobalFoundries to show our solidarity with the CCF beneficiaries. This incredible campaign creates an experience that engages both the donors and the beneficiaries in a very creative way where all of us enjoy! Here's a huge shout-out to the CCF team for their hard work and dedication!

- Singapore GlobalGives Program, GlobalFoundries Singapore



L-Energy is committed to provide all children with a green environment to live a new day, a new life with new possibilities.

> - Louis TAI MLJ RNA MNA(UK), Chairman, L- Energy Pte Ltd



We were inspired by the masterpieces created by the childhood cancer survivors that painted a story of courage, dreams and love. We hope that CCF beneficiaries will continue to share their journey and be an inspiration to others.

> - Thome Ship Management Pte Ltd

OFFICIAL SPONSORS

Official Interactive Sponsor



Being able to help CCF realise Sketchville with technology and art has been both a delight and an honour for us - as well as something we've always wanted to do. We humbly hope it has brought a little light to those who are affected by cancer.

- Davier Yoon, Director, CraveFX

Official Venue Sponsor



PARTNER

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That Design Agency



Celebrating the End of Treatment!

When children are diagnosed with cancer, their entire family is affected. Adjustments to everyone's daily routines were needed to support the sick child. Therefore, it should come as no surprise that commemorating the end of a CCF child's treatment is one of the biggest celebratory milestones for his/her family!

On 20 November 2021, CCF held a virtual End of Treatment party for 12 beneficiaries and their families to celebrate the completion of their intensive treatment. The online programme included various icebreakers, a virtual scavenger hunt as well as closed group sharing sessions.

One of the programme highlights was having each family nucleus design their own *Dancing Tree* that uniquely reflected their treatment journey together. There were many beautiful trees at the end of the activity! Some bore leaves, flowers and bugs while others had butterflies and fruits. Each element symbolised the happy memories, challenging moments, strengths and hopes of each family member.

Before the session closed, the proud caregivers of each CCF child were invited to present a very special End-of-Treatment-Party trophy to their child. It was a heart-warming moment for everyone as they recognised that this achievement was only possible through a culmination of the family's courage, strength as well as the company of each other. The caregivers showered words of encouragement for their little ones and commended them for their bravery and resilience.

Through the meaningful activities, the children and their families grew in appreciation for one another as they were reminded of the importance of journeying together as a family through the illness.



















Children's Day Camp 2021

I am Capable!



During the September school holidays, 25 CCF children and their siblings enrolled themselves for a day of fun at our annual Children's Day Camp on 6 September 2021 themed "I am Capable!".

In this virtual interactive storytelling experience, the children followed 'Trumpy', an elephant with a trunk shorter than any other elephant in the jungle, on his journey of self-discovery. Trumpy felt incapable as he could not reach the water to shower, lift heavy logs, nor pluck the sweetest fruits found at the top of the trees. Donning his trusty white cap, Trumpy was determined to find and drink from the magical fountain that could lengthen his trunk so that he could finally look and do things like a normal elephant. The children helped Trumpy along in his mission using items from the goodie bag which they had received from CCF prior to the session.

Along his journey, Trumpy met many other elephants who were unique in their own ways. He met 'Big Foot Daisy' whose dream was to become a dancer, 'Dumbo' with his huge ears and 'Loudy' with a loud-booming voice. They were all different from the other elephants in the forest, but they never let their differences hinder them from reaching their goals.





The children's favourite character was Big Foot Daisy because they had to put on their elephant hats and followed Daisy's dance moves to help practice for her performance. Big Foot Daisy was often laughed at because she looked different and her big feet caused her to stumble more than others. Nobody believed that she could ever be a dancer but through practice with the CCF children, she finally achieved her dreams!

After a morning of adventure with Trumpy and his newfound friends, the children learnt an invaluable lesson – that they were capable just as they are! To commemorate the day of activities, each child was given a white cap, just like the one Trumpy had, to decorate with their personal declarations of potential.

It was a meaningful morning for CCF beneficiaries and their families as they became more affirmed on their beliefs and dreams. CCF would like to express our appreciation to volunteers Jessie for illustrating the story, and Amanda and Kase for engaging our children in a session of interactive storytelling.

YouthConnect Feature:

Living the Dream with Ryan

Diagnosed with Stage Two Non-Hodgkins Lymphoma when he was 12, the now 27-year-old Ryan has conquered the battle against childhood cancer and is now living his dreams as a Design Educator.

Beyond the pain and trauma of undergoing treatment, Ryan recalls the emotional struggles he had in coping with the changes brought about from his days battling cancer, and even when he had recovered and returned to the community. These trying moments drove him to find respite in resources that brought him joy, such as doodling and creating stories of hope. The power of imagination has always fascinated young Ryan and he believes that vivid imagination enables the creation of a vision to motivate oneself through challenging seasons.

"This was what got me through the painful times during my cancer treatment. I had a clear vision that I wanted to survive, so I could pursue my life goal as a creative educator," shared Ryan.

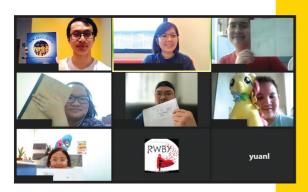
Inspired by well-known names like Walt Disney and C.S. Lewis who created fictional worlds that taught real-life lessons, Ryan took on the path to become a Design Educator. To him, joy is being able to help people tap on the power of bold imagination — a key quality he believes shapes the progress of humanity!



He has since helped to build Singapore's first Architecture-for-Kids design thinking school, teaching hundreds about creativity through award-winning curriculum. In 2020, he also published *Worldbuilding*, a book that employs human-centred design, educational psychology and innovation to construct systems, organisations and societies.

In August 2021, Ryan conducted an online webinar on Creative Motivation for members of YouthConnect, a platform for youth childhood cancer survivors to connect and provide support for one another. From 'happy places' to superheroes, Ryan demonstrated how creative thinking can be a powerful source of motivation for life.

"By overcoming cancer, you already have a story of hope that you can share and inspire others with. We have been given a second chance in life so let's cherish what we have and live our lives to the fullest," shared Ryan to encourage other childhood cancer survivors.



YouthConnect is a social group that aims at promoting social interaction, mutual support and connectedness among youth cancer survivors between the ages of 13 and 35 years.

If you are a youth childhood cancer survivor, join our YouthConnect community! You will get to receive updates on upcoming activities and gatherings, or even a chance to plan these activities with other youths too!

Drop us an email at communityconnect@ccf.org.sg to register!

Survivors' Service Learning Project 2021





To promote self-efficacy, self-development and empower youth cancer survivors through participation in community service-learning projects, 18 youth survivors signed up to be part of CCF's Survivors' Service Learning Project (SSLP) this year.

As part of CCF's efforts to groom our beneficiaries to lead, eight CCF youth survivors who had previously participated in SSLP now undertook the role of a mentor to lead the projects. 10 first-time participants joined as aspirants and worked closely alongside their mentors to plan and execute the projects. Workshops on team management, communication, service-learning and volunteering were conducted online, to kick-start the youths' community service-learning journey.

Over a span of six months, the youths tapped on online platforms to navigate through the changes in safe-distancing measures to ensure that the projects were successfully completed. They partnered CCF@KKH and Pacific Activity Centre to reach out to childhood cancer patients and the seniors respectively to distribute care packs in October and November 2021. The care packs consisted of thoughtful items to encourage, bring joy and instil hope in those they were reaching out to.

Through SSLP, beyond forging deep friendships among the youth survivors, they too have discovered their strengths and have grown in confidence in themselves as they contributed back to the community.



Tapestries of Grief 2021



CCF had the privilege to participate in Tapestries of Grief as a partner during the month of September. Organised by Grief Matters, Tapestries of Grief is a month-long festival aimed at exploring and experiencing emotions surrounding the loss of loved ones and learning how to support persons in grief. On 9 September 2021, CCF was invited to share a virtual talk on the topic, "Voices of the Bereaved Children", which garnered 168 sign-ups.

The sharing focused on three key areas of bereavement namely how children could be impacted by loss, their needs and how they could be supported in the grieving process. CCF shared tips on how parents could attune to the needs and feelings of their children and shared creative methods on ways to support them. One of the highlights of the talk was a moving video interview featuring nine bereaved children who shared their experiences in coping with the loss of a loved one. It helped participants understand more about the needs of bereaved children and how they could be better supported.

Special thanks to the Grief Matters team for allowing CCF to be a part of this meaningful event and for providing a space for the voices of bereaved children to be heard.

Annual General Meeting 2021

CCF's Annual General Meeting (AGM) was held by way of electronic means on 26 June 2021. During the meeting, members approved CCF's Annual Report 2020 and Audited Financial Statements for the financial period from 14 October 2019, the date CCF was incorporated as a Company Limited by Guarantee (CLG), to 31 December 2020.

The Management Committee (2021/2022) comprises:

Chairman:

Mr Ho Cheng Huat

Honorary Secretary:

Ms Nancy Thio Ling Lie

Honorary Treasurer:

Mr Lim Bee Kang, Stanley

Members:

Dr Chong Tsung Wen Mr Go Ashokh Menon Mr Moh Hon Meng Ms Joyce Sit Meng Poh Mr Arthur Lim Dr Kevin Tay Kuang Wei



Mr Ho Cheng Huat





Honorary Treasurer



Dr Chong Tsung Wen Mr Go Ashokh Menon









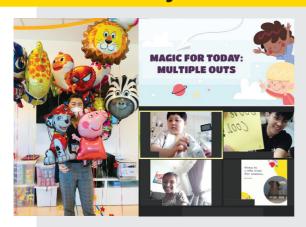
Mr Arthur Lim



Dr Kevin Tav

HOSPITAL EVENTS

Children's Day Celebrations at CCF@KKH



To create a magical Children's Day for the children at CCF@KKH, our staff kick-started the day of celebrations on 8 October 2021 with balloons! Holding a bouquet of helium-filled balloons in the shapes of various animals and familiar superheroes, there was pure glee and excitement on the faces of the little ones as they chose their favourite balloons. Adding on to the magical day, volunteers from Singapore Institute of Technology put up an exciting magic show for the children and taught them the secret behind it. With some practice, the children themselves were able perform the trick without flaw, ending their magical day by being a magician themselves!

Supervised Play: Learning Craft at CCF@KKH

On 12 October 2021, children at CCF@KKH had some fun with craft! Each child was given a specially curated box of materials for the craft session and eagerly awaited the start of the online demonstration session to make their own adorable popcorn plushie keychain. They carefully traced and cut the materials and then stuck them in position with super glue. The children broke out into wide smiles when they finally saw their completed handiwork. Beaming with pride, they couldn't wait to show their families what they had accomplished that day!



Rainbow Rain Experiment at CCF@NUH



The children at CCF@NUH had an enjoyable time learning about rain on 21 October 2021. Using four simple items – water, oil, shaving cream and food colouring, they conducted little science experiments to learn how rain is formed. With clear containers half-filled with water, a thin layer of oil was added to keep the shaving cream above the water. This resembled clouds floating above in the sky. Little drops of colour then started raining down from the 'clouds' as they added drops of food colouring, just like how it rains! Fascinated by this newfound knowledge, the children started adding a myriad of colours to create rainbow rain. The coloured "cloud" was then used to paint an artwork as a keepsake of the day's activity!

Thank YOU #VolunteersofCCF!

5 December is International Volunteer Day (IVD!)! To commemorate IVD 2021, CCF would like to thank and recognise the remarkable contributions of all volunteers in 2021. Thank you for your unwavering support, especially in these ever-changing times. We see you and we celebrate you!

Be inspired by the experiences of some of our volunteers and share your volunteer stories with us on social media using #CCFIVD2021 and #lvdsg2021!

Medtronic

As part of Medtronic's annual global volunteering initiative, Project 6, Medtronic volunteers organised a fun-filled day of activities for CCF beneficiaries on 18 August 2021. From games such as *Spot the Difference*, *Find the Shadow to Guess the Word*, the children laughed heartily as they played enthusiastically. They also tried their hand at gardening and discovered some fun with slime!

It was a joyful afternoon for the children and their infectious energy brought a lot of warmth to us. One of the volunteers even remarked, "The children's level of energy was unbelievable. Listening to their stories and seeing their smiles brought me so much joy!" Thank you for the great time, CCF. We will be back!

- Angeline Tan, Senior Content Management Specialist, HR Portal

NTU RSP Operation Hope

As a PALS lunch assistant, I was tasked to engage the children during their hour-long lunch. I witnessed the children's resilience and it was inspiring. Despite being in the process of recovery, the children were constantly smiling. It was heart-warming to be able to connect with the children!

- Esha Vijay, Volunteer PALS Lunch Assistant

I enjoyed my time interacting with CCF children and made sure they continue to adopt good personal hygiene habits during their lunch and play sessions. With a heart to serve, it is my privilege to be a part of the CCF community alongside other like-minded volunteers.

- Sylvia Tan, Volunteer PALS Lunch Assistant

Satyajit Reddyn

I have been following CCF's work closely through various outreach programmes and finally had the privilege of volunteering for CCF's Project Wish in August 2021.

My primary responsibility then was to photograph the interactions of a family of three. The myriad of emotions and interactions between the family reminded me how fragile life is and how valuable time with our loved ones are. I was also reminded of the importance of giving back to our community and will forever cherish this project as one that provided a young girl with lasting memories of her mother and family.

It is truly an honour to be able to volunteer with CCF. I am in awe of the work you do and the difference you make.

- Satyajit Reddyn, Volunteer Photographer



COMMUNITY PARTNERSHIPS

Magical Outreach Workshop at PALS, CCF@KKH and CCF@NUH

This Children's Day, volunteers from Magical Hearts hosted a Magic workshop on 6 October 2021 for CCF children undergoing active treatment. We spent many hours preparing for the Zoom workshop, to perform magic tricks and teach the children how to craft their own unique magical performances.

All our volunteers were heartened by how engaged the children and their caregivers were during the session. We believe that beyond providing social support, our volunteers can also serve as a medium to empower children through magic. We hope that through this session, CCF children have gained more insights into their strengths and endless abilities beyond their medical conditions.

Contributor: Lee Shi Min, Events Head of Magical Hearts, Singapore Institute of Technology





Kayaking Round Singapore to Raise Funds for Little Warriors





Having volunteered at CCF since 2015 until the pandemic struck, I have seen how CCF children remain positive and joyful amidst their medical challenges. This inspired me to attempt a mission that I initially thought was impossible – a round island expedition to raise funds for CCF.

From 27 to 30 August 2021, our group of 35 kayakers came together to paddle more than 120km around Singapore and raise funds for CCF. In that moment when we kayaked past the Southern Coast of Singapore with the skyline in front of us, we felt immensely proud to be part of something much bigger than ourselves – to be Singaporean and a part of this meaningful campaign!

Organising the event was no easy feat as we had to seek approval from relevant authorities and navigate uneven water currents throughout the journey. Thankfully, under the leadership of Chief Commander Berwin, we overcame all logistical obstacles and onsite challenges. Throughout the fundraising campaign held between 5 July and 30 September 2021, our sense of pride and purpose from being a part of this fundraising event grew exponentially. It was an honour to be part of the team and we are glad to have raised \$36,630 for CCF.

Contributor: Kayak with Love

COMMUNITY PARTNERSHIPS

Eat for Charity

In 2013, my mum and brother had once supported CCF through a cooking-related charity. Both of them decided to support the good cause before my brother embarked on his journey to pursue his medical study in London.

This time with COVID-19 raging on and social distancing taking a toll on all of us, we thought to also lend a hand to the childhood cancer cause through our home cooked food – which in turn brings families together. Mum is a fantastic cook and we thought she should do this before her first grandchild is born too.

Between 20 and 27 August 2021, we reached out to colleagues, friends and families to spread the word and received an overwhelming response. A total of \$11,285 was raised for CCF. As usual, it was hard work organising a charity event but also a fulfilling experience to remember. To all who contributed to our cause, we sincerely thank you for your kind hearts and support.

Contributor: Dr Jacqueline Sim, Organiser



For a Cause Carnival: Embracing Sustainability







As the launch of Start Small Dream Big coincided with our Earth Day Event, we took the opportunity to introduce different ways of protecting our environment to our children while raising funds for CCF. The children brainstormed for ideas to create innovative artworks using recycled materials and sold them at the school's 'For A Cause' Carnival to raise funds for CCF. The children had the opportunity to run the booths at the carnival.

Between 4 and 11 May 2021, a total of \$1,000 was raised through the sale of carnival coupons. Parents used the coupons to redeem their children's recycled artworks, fun packs, and recreation at the game booths. It was a meaningful event and our children had fun being 'young entrepreneurs'!

Contributor: PCF Sparkletots Preschool @Toa Payoh

COMMUNITY PARTNERSHIPS

1000 Miles for CCF

Battling cancer in 2018 made me realise how difficult it must be for children to go through the same ordeal. It is a tremendous blessing to have survived cancer and I wanted to pay it forward by volunteering my time and raising funds to help CCF children and their families.

Between 10 June and 19 October 2021, we raised \$6,001 by walking over 1000 miles. It was a humbling experience as I witnessed friends, families and even strangers contributing to this cause either financially or through their walk with us. My family and I would like to thank everyone who supported our campaign.

Contributor: Mihir S Vinekar, Organiser



DPA Dance Challenge 2021 Graduation Show



Despite the odds in this extraordinary year, Dancepointe Academy (DPA) wanted to do our part for the community, especially for children and families affected by cancer. As such, we decided to raise funds for CCF between 1 July and 29 August 2021 through a dance challenge cum graduation show.

Our dancers put on an impressive performance that wowed the judges! Our parents community also donated generously and helped us to raise a total of \$8,600 for CCF.

Contributor: Dancepointe Academy Pte Ltd

Sale of Onlewo Notebooks

Onlewo had the privilege of designing gift items to showcase Singapore's culture and heritage at an exhibition in Dubai. Since the childhood cancer cause is one that is close to our hearts, we found this the perfect opportunity to also create a unique design to raise funds for CCF. Mike Tay, founder of Onlewo, spent an afternoon teaching a few CCF children how to hand-draw plant motifs and their drawings became a part of our special Expo-edition Onlewo linen-cotton notebook! Through the sale of the notebooks on 24 June 2021, we were glad to have raised \$7,500 for CCF.

Contributor: Onlewo Pte Ltd







Your giving will help our beneficiaries pursue their dreams! Be a Will & Hope Giver, pledge your monthly donation at tiny.cc/willandhopegiving.

HOPE OF LIFE, WILL TO THRIVE